BIOL 363 – Laboratory in Animal Physiology

General Course Syllabus (as of January 2022)

About the Course:

Course Description: A course on experimental studies in animal physiology.

Course Format: Lecture, Laboratory, and Tutorial. 1 hour of lecture and 4 hours of practical lab work and tutorial per week. Students must register into the matching labs and tutorials, as the tutorial hour is scheduled just before and after the respective lab section. **Credits:** 2 **Pre-requisites:** BIOL 204. Restricted to Majors and Honours students in Biology, Nutritional

Sciences and Biophysics. **Co-requisites:** BIOL 361.

Course Learning Objectives:

The objectives of BIOL 363 are:

- To give students competent lab skills in animal physiology.
 - To prepare students to carry out independent research in post graduate studies (e.g. Master's degree) or independent investigation in a biological related field (health care, law, etc.).

By the end of the course students should be able to:

- 1. Acquire basic laboratory skills to handle live animals and work with human subjects; be proficient in the use of basic physiological lab equipment, Excel, Capstone and LabPro to collect and analyze data; execute proper lab techniques such as isolation and extraction of organs and tissues, measuring biometrics, or preparing solutions from appropriate chemical reagents, and follow good lab safety practices.
- **2. Develop technical proficiency and critical thinking** to develop, improve or trouble-shoot experimental procedures.
- 3. Become proficient in applying scientific methodology in carrying out a research project, from using prior knowledge to propose and justify hypotheses; predicting expected experimental results given protocols and hypotheses; designing and evaluating experimental protocols; analyzing individual or class data with large sample sizes; interpreting and comparing data with predicted results and those of similar experiments in the literature.
- **4. Develop information literacy** to determine what information is needed and in what depth when faced problem solving; find needed information effectively and efficiently; critically evaluate the reliability of the information (peer-reviewed literature); and manage information collected.
- **5. Develop scientific writing skills** to maintain proper lab notes and/or compose lab reports in a journal article format. Including making graphs to communicate trends in data; communicate

ideas in a clear and organized way; explaining experimental results using current knowledge of animal physiology; and finding relevant literature on similar or related experiments.

- **6. Understand basic concepts in Animal Physiology** including transport of substances across cell membranes; enzymes; digestion; muscle physiology; neurophysiology; metabolic rate; endocrinology; thermoregulation; hematology; cardiovascular & respiratory physiology.
- 7. Demonstrate teamwork, leadership, independence, and professional conduct to work efficiently in a lab environment.
- 8. Develop Life skills that will serve them well in their future professional and personal life: Self-reliance and independent learning; assessing the reliability and validity of information; understanding and integrating information into a coherent framework; critical thinking, analytical and problem-solving; effective communication; professionalism & work ethic; teamwork and collaboration.

Most importantly, students will understand that there are many "bad" ways and many "good" ways to tackle a problem and they will feel confident in assessing the pros and cons of each approach, pick one of the good strategies and forge ahead.

Textbooks and Additional Resources:

Required - Can be bought at the UBC bookstore

- → Textbook Principles Of Animal Physiology 3/e By Moyes & Schulte Published by Pearson. You just need the textbook and not the whole package; therefore, do not worry about getting the access card or Custom Access Code. The pages reference for preliminary reading are given for the third edition only.
- → Non-programmable calculator (for the prep-lab quizzes and the final exam);
- → Dissecting kit must contain 2 pairs of scissors (medium and fine); 2 pairs of. forceps (medium and fine).
- → **Lab notebook** Any notebook will do as long as they meet the following requirements: larger size (approx. 9" x 11"), approx. 200 pages, and either bound spine or spiral binding spine. *Notes:* Binders with loose pages are NOT acceptable. No need for numbered pages: You can pre-write the page numbers by hand in your notebook before coming to the lab. Do not spend too much money on them as we keep them at the end of the year.
- → **Lab wear -** (Click on the <u>minimum requirements for Personal Protective Equipment (PPE)</u> that an individual must wear in order to enter a UBC wet lab)
 - √ 100% knee-length, long sleeves white lab coat.
 - ✓ Long loose-fitting pants (long socks, leggings, nylons, and skinny jeans are not appropriate);
 - ✓ Full Covering Liquid Resistant shoes (sandals, ballet flats, cloth, and mesh shoes are not appropriate).
- → Medical mask NOTE: We follow UBC recommendation and mask requirement may change during the term. We will inform you of changes on the front page of canvas.
- → **Safety goggles** If you do not own any, buy them at the bookstore. Make sure they **fit your face**. If you own safety glasses already, you can wear them instead.

Optional:

Laptop

Evaluation:

Assessment	Weight
Lab quizzes & In-lab work	30%
Lab notebook and Assignments	40%
Final lab exam	30%

Participation during lecture includes Clicker or verbal Q&As. Marked for participation only; no marks are removed for giving the wrong answer. These marks are added up and expressed as a value out of 10. If the participation mark works to the student's advantage, this will replace the lowest mark received in the in-lab work section.

Lab quizzes: mostly prep-lab quizzes taking place at the beginning of each lab. They can be clicker or short answer questions on worksheets. Unless stated otherwise, they are open lab notebook only, time limited, and taken individually.

In-lab work: bench work & group work. Assesses the groups' lab skills that include preparedness, organization & efficiency, data collection, monitoring & recording, teamwork & behavior and implementation of good lab safety practices.

Lab Notebook assesses your skill keeping a permanent and chronological record of everything you did in the laboratory so that, later, one of your peers could use your lab notebook, repeat your work, and obtain the same outcome.

Assignments assesses your scientific writing communication skills.

Final lab exam: Questions on the final will focus on:

- a) experiments, methodology, calculations, results, and interpretation of results obtained in the lab
- b) the materials derived but not directly related to the experiments completed in lab.

Course Policies:

Students are expected to be on time for assignment submissions, and responsible for their attendance in all labs and tutorials. Penalties apply for labs and assignments missed without a valid reason - more details will be provided in-class.

Students must score 100% on the lab safety quiz to gain access to the lab.

Schedule of Topics:

Week	Lecture - Main Topics	Lab and Tutorial – Main Topics
1	Introduction to BIOL 363	Reviewing basic knowledge
2 to 12	Lectures prepare for the coming lab session	Learning how to use Data acquisition software Learning how to write a paper Our inquiry based laboratory exercises as well as students' group projects will be chosen amongst the following topics: • Transport of substances across cell membrane • Enzymes • Hematology • Metabolic rate • Endocrinology • Pharmacology • Muscles & Nerve physiology • Cardiovascular and respiratory physiology • Thermoregulation • Reproduction • Digestion
13	ТВА	ТВА

TBA: either guest speakers, review sessions or presentation of projects. **University Policies:**

UBC provides resources to support student learning and to maintain healthy lifestyles but recognizes that sometimes crises arise and so there are additional resources to access including those for survivors of sexual violence.

UBC values respect for the person and ideas of all members of the academic community. Harassment and discrimination are not tolerated nor is suppression of academic freedom.

UBC provides appropriate accommodation for students with disabilities and for religious, spiritual and cultural observances.

UBC values academic honesty and students are expected to acknowledge the ideas generated by others and to uphold the highest academic standards in all of their actions.

Details of the policies and how to access support are available on the UBC Senate website.